

A certificate course on applied existential positive psychology and meaning therapy

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To: [Louise Sundararajan](#)

Subject: A certificate course on applied existential positive psychology and meaning therapy

Please circulate this announcement in your task force listserv:

This Certificate Course on Applied Existential Positive psychology will expand both your knowledge of positive psychology and humanistic-existential psychology. It begins with the context of realism that we all suffer from some form of human bondage and then shows the path towards sustainable human flourishing.

More specifically, you will learn the following skills which will make you a fully functioning human being:

- 1) You will find answers to your deepest questions about life and death
- 2) You will learn how to understand & fulfill your full potential
- 3) You will be equipped with the capacity to cope with all the challenges of living in this complex & chaotic world
- 4) You will learn how to transform suffering and achieve flourishing by embracing a noble view of personhood: -- As ethical beings we need to live within an ethical boundary; as relational beings, we need to develop a network of loving relationship; as spiritual being, we need to live in a large context involving Heaven, Earth & the Creator God in order to experience the ultimate meaning.

Taking this course may be the best thing you do for yourself right now. Take advantage of the special flash discount this weekend <https://www.eventbrite.ca/e/applied-existential-pospsy-meaning-therapy-certificate-program-2023-tickets-726280523597?aff=oddtcreator>

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NEW! Latest Book

Wong, P. T. P. (Ed.). (2023). [A second-wave positive psychology in counselling psychology: A paradigm shift.](#) Routledge.